

BUBBLES & CHERRIES



The best:

SONGS TO STREAM
BOOKS TO READ
BIKINIS TO SHOP
SPF TO USE

+ THE PLACES TO
TAKE THEM

HOROSCOPES

SUSAN MILLER
FORECASTS
YOUR **2024**

**SIMPLIFY
YOUR LIFE**

**LET GO, GET
ORGANIZED,
CURATE YOUR
BEAUTY KIT**

**Wit and
wisdom**

FROM LENA DUNHAM
ZADIE SMITH
E JEAN CARROLL

Summer of love

All the fun, fashion and fiction

you can handle

DANCASSAB



@DANCASSAB

A woman with long brown hair and blue eyes is shown in a close-up, looking slightly to the side. She is wearing a silver-colored, textured, long-sleeved top. Her jewelry includes a small stud earring, a necklace with circular links, and two rings on her right hand. Her right hand is raised towards her face, with her fingers near her lips.

Daniel Espinosa JEWELRY

BOUTIQUE @ CABO: PALMILLA

danielespinosa.com

BUBBLES&CHERRIES

MAGAZINE

CREATIVE DIRECTOR & FOUNDER

Ana Díaz Noriega

EDITOR-IN-CHIEF

Eva Hughes

COMMERCIAL DIRECTOR

Leonardo Ponce

WEBMASTER

Luis Valencia



www.bubblesandcherries.com



EDITORIAL

Bubbles & Cherries Magazine, Year 2, No. 7. Publication date, February 14, 2024. Digital Magazine during the months of March to May 2024. It is part of the Bubbles & Cherries digital editorial platform. www.bubblesandcherries.com. Caporal 321, El Paso, Texas, 79932. Responsible editor: Natalia Valdivia natalia.v2364@gmail.com. At Bubbles & Cherries we investigate advertisers but we are not responsible for offers related to them. The opinions expressed by the authors are of a personal nature and do not reflect the position of the editors or the publishing house. Total or partial reproduction of the content and images of the publication on any platform or medium is prohibited without the prior authorization of Bubbles & Cherries Magazine.



PERRELET
1777

TURBINE
TITANIUM
CASE Ø 41mm



#Luxuryinmovement

PALACIO DE HIERRO • BERGER JOYEROS • MASTERS • Ghiberti • MIGUEL RAMOS

commercial@perrelet.com - www.perrelet.com

TOP 10 MOST-STREAMED ARTISTS OF ALL-TIME ON SPOTIFY IN 2024

Rather than Spotify's monthly listeners, we take a look at the top Spotify songs of all time from artists' catalogues, as of April 2024.

Monthly listeners are a great way to see which artists are currently popular on the streaming service, whereas this all-time streams list is a useful way to see the most popular artists in the last decade. We've also compiled more Spotify top tens such as the most-followed artists on Spotify in 2024, the most-streamed female artists by monthly listeners, most-streamed songs of all time, and the most-streamed songs in a single day – who are the common Spotify top artists that reappear across the lists?

There's been movement in the top ten most-streamed artists Spotify list since we last checked in January earlier this year, **Taylor Swift** over taking **Drake** in the top position, thanks to her recent successful albums and global Eras Tour. **Drake** still leads the pack as the most-followed male artist. **BTS** are the most-streamed band.

An artist's all-time streams aren't shared by Spotify with the public so this data comes from



ChartMasters, updated daily. ChartMasters explain their methodology. Their data is "based on streams from tracks available inside their personal page's sections Albums, Singles and Compilations. They are combined together and defined as 'Lead streams'." Appears on streams such as featured tracks are not counted towards lead streams or the ranking, but this number is listed. ChartMasters admit the full list of 1,000 artists may not be 100% accurate, but state the top of their list is thorough.

First up is Taylor Swift, with over **77 billion streams!**

- **Lead streams:** 77,558,455,706
- **Featured streams:** 694,030,573
- **Number of tracks:** 436



Drake

- Lead streams: 74,706,786,894
- Featured streams: 22,602,812,584
- Number of tracks: 323

Bad Bunny

- Lead streams: 70,852,425,386
- Featured streams: 8,665,463,923
- Number of tracks: 191

The Weeknd

- Lead streams: 56,220,309,818
- Featured streams: 8,113,043,501
- Number of tracks: 228

Ed Sheeran

- Lead streams: 47,826,902,612
- Featured streams: 3,740,666,115
- Number of tracks: 298

Ariana Grande

- Lead streams: 43,665,198,172
- Featured streams: 3,117,436,262
- Number of tracks: 214

Justin Bieber

- Lead streams: 42,034,941,744
- Featured streams: 12,843,302,466
- Number of tracks: 228

Eminem

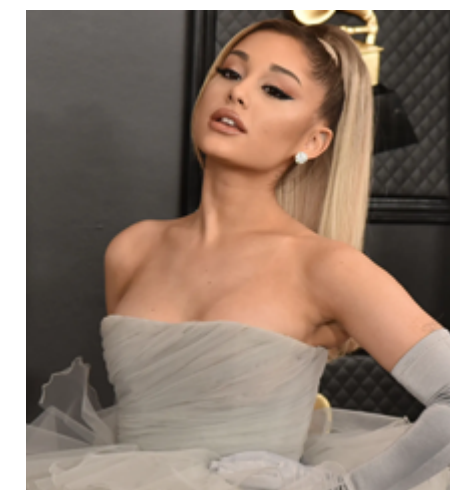
- Lead streams: 41,648,385,634
- Featured streams: 5,374,789,283
- Number of tracks: 313

Post Malone

- Lead streams: 38,554,744,981
- Featured streams: 3,492,302,709
- Number of tracks: 119

BTS

- Lead streams: 38,103,500,881
- Featured streams: 745,583,703
- Number of tracks: 274



YOUR PODCAST QUEUE IS HERE: THE TOP PODS TO LISTEN TO 2024 THIS YEAR

From campy streams of consciousness to scripted histories, here are some must-hear podcasts for the new year.

We're in an era of constant content, and if Spotify's 11 hour "This Is Taylor Swift" playlist isn't enough to fill your work week with an endless stream of noise, then it may be time to climb aboard the podcast wagon. From free-flowing conversations to scripted long-form storytelling, the podcast industry has never been so fertile. So fertile, even, that you may be one of the many paralyzed by decision overload when it comes to starting a new show. Fear not. We've rounded up some of the best podcasts that deserve a stream—none of which are helmed by Tucker Carlson, Ben Shapiro, Jordan Peterson, or other plagues on this great nation. Happy podcasting!

The A24 Podcast

Your annoying film friend's favorite podcast—it's me, I'm your annoying film friend—The A24 Podcast is an irregular pod, perfect for the fickle listener. The show is host free, ad free, and usually coincides with whatever big budget indie film (an oxymoron, we recognize) is being pumped out by the production company. The show pairs such auteurs and figures as Nathan Fielder and Alexa Demie, Sofia Coppola and Celine Song, Patti LuPone and Nathan Lane, Simon Rex and the late Angus Cloud, and more. If you love Variety's "Actors on Actors" or Interview Magazine's irreverent celeb-on-celeb interviews, then you'll love this podcast.

This American Life

A relic of radio show culture, this weekly podcast comes

from WBEZ Chicago Public Radio and is hosted by Ira Glass, one of the erudites' most beloved voices. The show features essays, memoirs, short fiction, and more, with each episode following a theme rooted in modern American culture—think dads, turkey day, words, politics, and more. While the most pretentious among us might call it "easy listening," this is not the show for those looking to giggle through aimless conversation. We have more of that later.

The Broski Report

Oh look, it's later! This new podcast from the internet's favorite comedian Brittany Broski is for the girls, gays, theys, and allies who want to decode great music, horn publicly for high fantasy smut, or have an all-too genuine sob about the plight of womanhood. All of

that and more can be found on The Broski Report, the clips of which you've surely already seen on TikTok.

Call Her Daddy

This ever-relevant podcast is hosted by industry pioneer and recent Cosmo cover girl, Alex Cooper. This comedy podcast debuted in 2018 under Bars-tool Sports, before moving to Spotify under an industry shaking \$60 million deal for Cooper. In its original form, the show featured comedic commentary on the current state of the sexual marketplace for young women, but has evolved over the years to become one of the internet's leading interview shows, with Cooper leading newsworthy conversations with the likes of Miley Cyrus, Jamie Lynn Spears, Julia Fox, Demi Lovato, and more. Her influence on the culture earned her a new title

from Rolling Stone of "Gen-Z's Barbara Walters," right next to her original moniker, "Daddy."

The Daily

News you can use (to impress at the water cooler), The Daily releases new episodes each morning, with each episode running around 30 minutes and unraveling the most important news story of the day. Don't let the 24 hour loop of terror on cable news fool you, staying informed doesn't require that much work. A Daily episode a day keeps the doom scrolling away.

Hard Fork

Silicon Valley moves faster than you do, so the only way to truly keep up with the happenings of the tech world (aka, the world), is Hard Fork. This podcast is helmed by technology writers at The New York Times, returning to our liberal arts-trained ears each week with the latest news from the control room. Recent episodes have detailed the latest in A.I. technology, the uses of Apple Vision Pro, and legal battles between music record labels and TikTok.

Huberman Lab

The world's number one health podcast, and possibly the only "manosphere" podcast you could realistically discuss with your boyfriend, Huberman Lab is wildly interesting and single handedly responsible for the rise in early morning productivity routines online. The show is led by Dr. Andrew Huberman, a Neuroscience Professor at Stanford University. His show unpacks such issues as the science behind willpower, the actual effect of alcohol on the body, how we can use different sources of light to optimize health, hormones and fertility, and much more. If you snoozed off during all 12 years of pre-collegiate science class, then here is your crash course, with only the information you need.

Infamous

If your group chat is obsessed with juicy gossip and all things celebrity, be an MVP and introduce Infamous to your collective rotation. Co-hosted by veteran Vanity Fair and New York Magazine writer Vanessa Grigoriadis and former

Forbes reporter Natalie Ro-behmed, this weekly podcast digs all the way in to both high and low pop culture moments and figures, featuring from-the-vault recordings from famous faces we all know and love (and sometimes hate). Its latest episodes spotlight everything from Meghan Markle's media chess game to the Diddy scandal to the Lohanis-sance, so yeah, it's a winner.

Las Culturistas

Comedic cultural commentary simply does not get better than Las Culturistas. Seriously, the buck stops with Matt Rogers and Bowen Yang. Together, the comedians and best friends talk about culture and current events in the vein of diva culture, entertainment happenings, and gay pageantry. Each episode follows a loose, conversational structure— sometimes featuring guests, sometimes not—and always culminating in the "I Don't Think So, Honey" segment, during which our hosts and guests have one minute to rail against something in the culture.

Maintenance Phase

Join us, please, on our never-ending journey to unlearn the most toxic and harmful rhetorics spewed by the diet industry from the years of 1990 to 2018, respectively. Hosted by Michael Hobbes and Aubrey Gordon, Maintenance Phase “debunks the junk science behind health and wellness fads,” tackling everything from Weight Watchers, to Keto, to BMI, to cleanse culture.

Modern Love

Just in time for love season, this ever-popular podcast from The New York Times explores the love stories of real people—small, big, messy, clean, heartwarming, and heart-breaking. The podcast comes from the Times “Modern Love” column, which has been running for more than 18 years. It’s an easy listen, a consistent follow, and a healthy reminder that romance exists somewhere between the dating app algorithms and Hollywood’s soapy jaunts.

The Moth

The Moth Podcast is the digitally accessible iteration of The Moth’s popular storytelling events, which take place off-air, IRL across the country. The Moth events, writers and storytellers take to the stage to tell five-minute stories aligned with the night’s given theme. These storytellers are scored and compared, with the best stories moving onto bigger

storytelling events, and eventually landing on The Moth Radio Hour and The Moth Podcast. That was the crash course, but if you want to hear brief, well-written stories from real, not at all famous, people, then try this pod.

The Retrievals

From Serial Productions and The New York Times, this 2023 limited podcast series is a nightmare, but a riveting one at that. The five-part pod explores an investigation into malpractice at the Yale Fertility Center, at which one nurse was swapping fentanyl for saline, sending women into intensive reproductive procedures with no pain relief. Beyond a wild true crime story, the series also discusses female pain and the culture of silence around it, proliferated by a society whose default mode of dealing with women is dismissal.

Slow Burn

This narrative series from Slate recently completed its eighth season, with each season focusing on a major political moment that changed the social fabric of our country forever. These moments include Watergate, the Bill Clinton-Monica Lewinsky scandal, Biggie and Tupac, Roe v. Wade, David Duke and the rise of the KKK, The Road to the Iraq War, and more. The most recent season, which premiered in May of 2023, focused on the Supreme Court confirmation of Clarence Thomas.

Unreal: A Critical History of Reality TV

With each passing year, it seems reality television becomes a larger and larger part of modern American culture—and hey, if we can’t beat ‘em, join ‘em. Unreal traces the long and winding history of reality TV, from early competition series like Road Rules, Survivor, and The Challenge, to the sea-change that was the Keeping Up With The Kardashians series premiere, to the relevance of current hits like Love Island. Beneath the fun, the show digs into the ethics of reality television—the good, the bad and the very very ugly.

You Must Remember This

A show dedicated to Hollywood’s hidden histories, You Must Remember This was created by American film critic Karina Longworth. The podcast is the perfect blend of everything good—it’s funny, it’s informative, it’s well written and insightful, and it’s available on every platform. While the show’s typical form stands with Longworth at the podium, it has been known to attract such guests as John Mulaney, Dana Carvey, and Fred Savage. The show runs in dedicated seasons, some of which include “Charles Manson’s Hollywood,” “Gossip Girls: Hedda Hopper and Louella Parsons,” “Dead Blondes,” and the latest iteration, “Erotic ‘90s.”

KIOO
Medical & Beauty Center

Endolifting
ENDOLYSE

Cuida tu templo interior.
Venera tu cuerpo, venera tu esencia.
Adora tu ser, consiente a tu cuerpo.



VACASANTA

ROPA DE VIDA



THE BEST SUMMER READS 2024

With summer right around the corner, it's **time to start planning vacations and dusting off long-forgotten piles of books** that have been sitting on the bedside table waiting to be opened.

If you're like me and love nothing more than sitting in the garden stuck in a good book, or even better on a beach soaking up the warmth of the sun after a seemingly endless winter, you're in the right place.

The summertime is when I gobble up books like they are going out of fashion. And since the pandemic, I have found myself absolutely adoring audiobooks. I spend my mornings listening to audiobooks as I go on my morning walk and they make household chores more enjoyable.

The following parts are broken up into different sections depending on your reading mood. Starting off with a bit of romance, thrillers and future literary classics, followed by a small section of favourite non-fiction reads.



Funny Story By Emily Henry

I'm a huge Emily Henry fan. Her adult enemies-to-lovers trope is just my kind of beach read in 2024. **Emily Henry Books are always an automatic purchase for me.**

The past summers, she gave us the amazing **Book Lovers** (which if you haven't read – go purchase immediately!), and her latest book, **Funny Story** is just as wonderful and one of the best books to read on vacation in 2024.

Funny Story by Emily Henry follows Daphne as she meets her dream man, Peter, falls in love with him and moves back to his small hometown, only for her fiancé to realize that he's actually in love with his childhood best friend – Petra.

With limited funds, Daphne proposes that Miles (Petra's Ex) move in with one another in a dastardly plan to make their exes jealous. Will the plan work? (DUH!) I'm so excited for this beach read in 2024!

Happy Place tells the tale of Harriet & Wyn who have been together forever. But 5 months ago they broke up and haven't told their closest friends that they've done so. Queue a week away in a cabin with their friend group who know them inside and out, memories and revelations, and tense looks! My favorite kind of read.



BEACH READS IN 2024

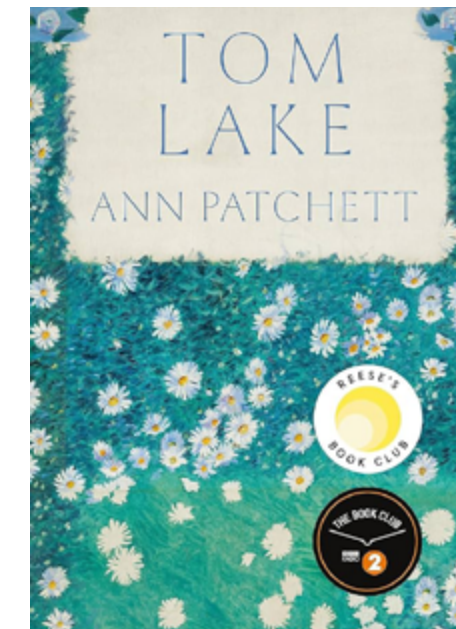
Sometimes you just need a book to pick you up, get you out of a reading slump, or just comfort you. I've compiled a **list of the best beach reads in 2024 to take on your vacation and fall in love.**

First Lie Wins By Ashley Elston

A thrilling and unputdownable thriller of stolen identities, romance, and espionage in a small town in Louisiana.

Evie Porter has it all. A beautiful house, perfect partner, and potentially a new close group of friends. **Except Evie Porter is a stolen identity.** And now a woman with 'Evie Porter's' real name has just turned up in this small town. Queue a lot of mystery and intrigue. I couldn't put the **First Lie Wins by Ashley Elston down** – and it's smart, real smart which I appreciate in a good thriller.

If you're looking for a page-turning beach read in 2024 that you'll gobble up in a single setting, then **First Lie Wins by Ashley Elston** is going to be right up your street!

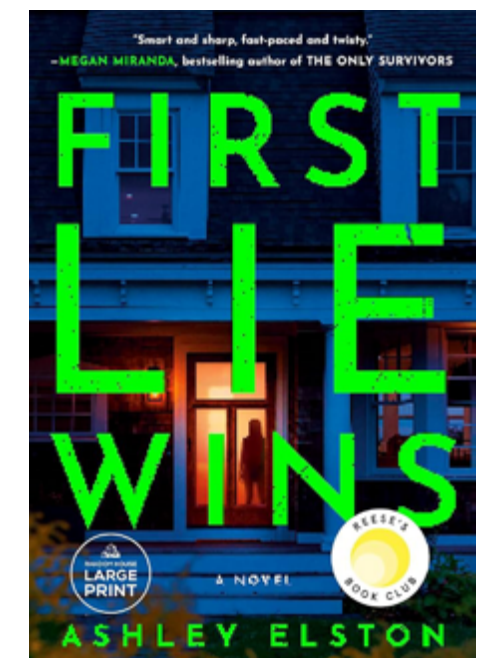


Tom Lake By Ann Patchett

I usually read a paperback copy or my Kindle, but when I saw that Meryl Streep performs **Ann Patchett's latest book, Tom Lake**, it was an automatic download for me. And it did not disappoint.

I fell head over heels in love with all the characters of Tom Lake which is the perfect summer read in 2024. Lara tells the story of the summer when she fell in love with a movie star to her 3 adult children as they work on their cherry farm. Set against the backdrop of summer 2020, **Tom Lake** is an exploration of young love, career choices, and motherhood.

Ann Patchett's beautiful words are brought to life by Meryl Streep and you'll find yourself thoroughly engrossed. I could not put this down. Or in my case stop listening.





The Dead Romantics By Ashley Poston

If you're a fan of the trope of running away from where you're from, only to return home, then you'll love this perfect beach read in 2024.

Florence Day, a romance ghostwriter who no longer believes in love, must return to her hometown after a decade to bury her father. While there, she reunites with an old flame and encounters a ghost with unfinished business, causing her to question everything she thought she knew about love stories.

The Dead Romantics by Ashley Poston is the perfect escapism and summer beach read.

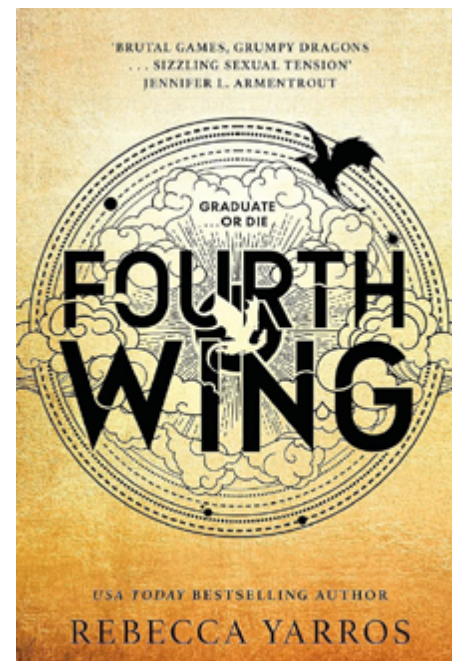
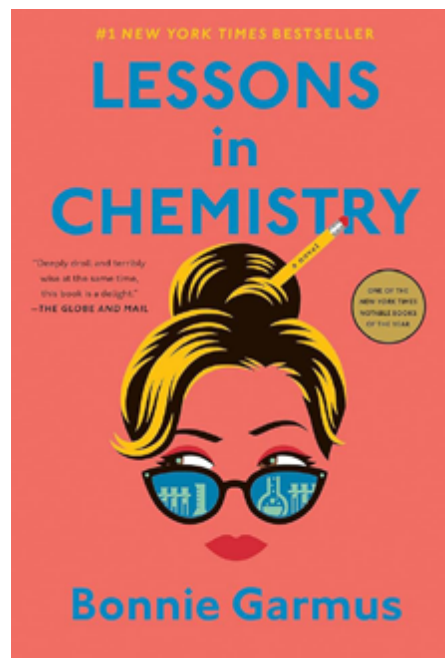
I've got **The Seven Year Slip** by **Ashely Poston** lined up on my Kindle to read over the next couple of weeks and I'm so excited!

Lessons In Chemistry By Bonnie Garmus

I can't recall any book that is quite like **Lessons in Chemistry** by **Bonnie Garmus**. Follow the incredible scientist Elizabeth Zott in the late 1950s and early 1960s as she navigates the terribly masculine world where women are expected to stay at home and become mothers.

Her refusal to be a 'typical subservient woman' is frowned upon by her male contemporaries in the science lab and workplace. All except Calvin Evans.

You'll be hearing about Lessons in Chemistry for years to come. It was easily one of the best books of 2022 and continues to capture readers in 2024.



Fourth Wing By Rebecca Yarros

No one is more surprised than me by including **Fourth Wing** by **Rebecca Yarros** on my summer beach reads in 2024.

However I picked it up late last year in an effort to see why this book had so much hype, and immediately it became clear. **I was hooked from the very start** and I found myself racing through this steamy and very spicy book about dragons. Yes, dragons.

If you loved **Harry Potter & The Hunger Games**, you will absolutely adore this adult book about a war college and dragon riders and a fantastic enemy-to-lovers trope that is some of the sexiest writing I've encountered in quite some time. Definitely not a book to read as a bedtime story to your children!

Someone Else's Shoes By Jojo Moyes

I'm an absolute sucker for anything Jojo Moyes writes. Her previous work **The Giver of Stars & Me Before You** is some of my guilty pleasures that I devoured on previous vacations.

Her latest, **Someone Else's Shoes** follows Nisha Cantor, a wealthy woman used to a life of luxury, is left scrambling after her husband divorces her and cuts her off, while struggling Sam Kemp accidentally takes Nisha's gym bag, trying on her Louboutin shoes and gaining the confidence to change her life.



Tomorrow, And Tomorrow, And Tomorrow By Gabrielle Zevin

One of the best summer reads 2024 will tear out your heart, stomp on it, then gradually put it back together. **Tomorrow, and Tomorrow, and Tommorow** by **Gabrielle Zevin** was that book and it was glorious. I'd let it happen to me all over again.

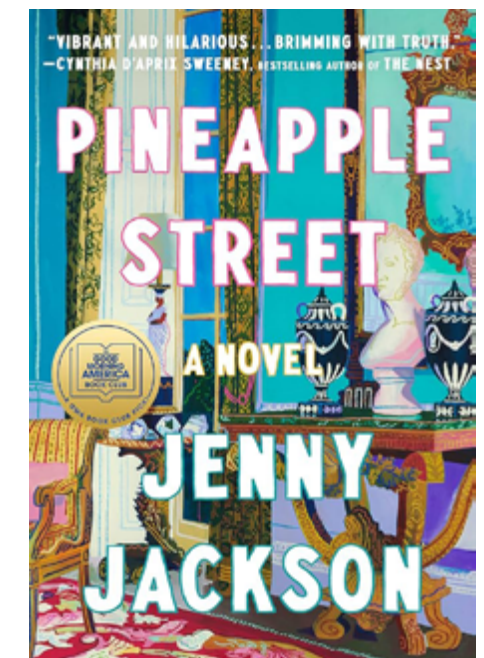
Sadie & Sam are friends who have faced every trial and tribulation thrown their way. And as they've navigated childhood, to running one of the biggest gaming companies in the world, they came back to each other time and time again. It's a story of friendship at its most beautiful and vulnerable.

Pineapple Street By Jenny Jackson

One of my favorite books to read on vacation in 2024 are the types that revolve around family drama. Bonus points if it's multi-generational.

I was stoked to read **Pineapple Street** by **Jenny Jackson** when it was released earlier in 2023. It ticks all the boxes that I love. **Wealthy people doing wealthy obnoxious things**. Family drama. Those tough decisions about giving up an outrageous inheritance for love.

Those looking for a beach read in summer 2024 will be titillated by the shenanigans of Pineapple Street. Its definitely not a book for everyone, and you should approach it as a look into how the other half lives. Sorry, the other 1% live.

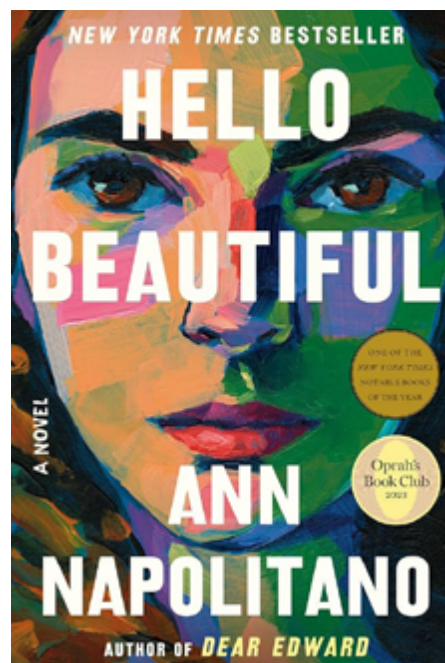


Wrong Place Wrong Time By Gillian McAllister

I have very high expectations when it comes to thrillers and mysteries. From the first page I'm looking out for red herrings that are scattered throughout the book to fool the reader. So when I find a book that keeps me guessing until the very end, it goes on my book recommendation list.

Wrong Place Wrong Time by Gillian McAllister kept me on my very toes until the very end. Jen looks out her window one October night and witnesses her teenage son murder someone in cold blood which sets off a chain of events.

Traveling back in time, Jen has to unravel the crime before it happens. And what a journey she undertakes. You won't be able to put down one of the best mystery summer reads 2024.



Hello Beautiful By Ann Napolitano

I read this while visiting the beautiful Sicilian town of Ortigia last summer and I just couldn't put it down. I absolutely loved it, but it is a slow burner, so do give it a good try before you decide its not for you. Oh and bring a packet of tissues. It will destroy you!

Hello Beautiful by Ann Napolitano is an homage to Little Woman (which makes it an automatic addition to my neverending book pile beside my bed).

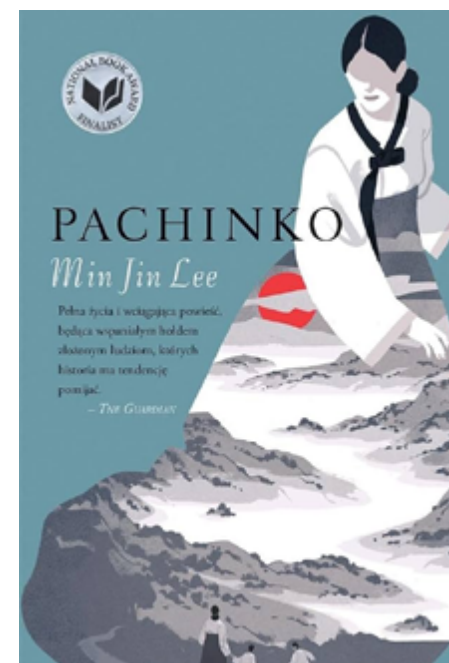
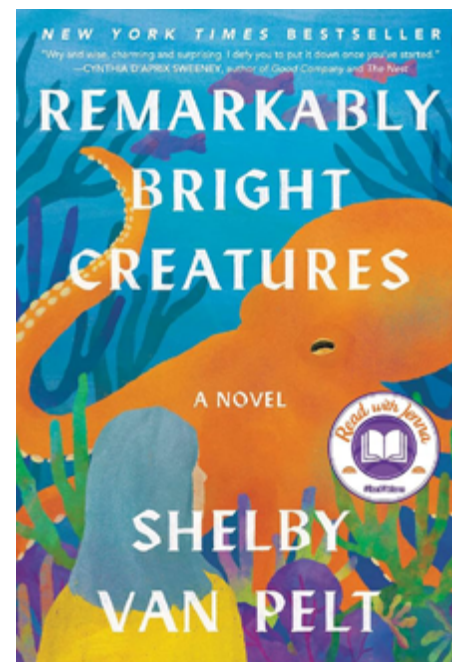
William Waters finds love and a new family in Julia Padavano and her three sisters, but his past threatens their future and puts their unbreakable bond to the test in a family saga that pays homage to Little Women.

Remarkably Bright Creatures By Shelby Van Pelt

Remarkably Bright Creatures by Shelby van Pelt is one of those summer beach reads that you won't be able to forget any time soon.

Telling the beautiful story of Tova, a widower whose teenage son Erik vanished 30 years ago. A chance encounter with a giant Pacific octopus named Marcellus becomes an unlikely friend for a grieving mother and wife.

Remarkably Bright Creatures is one of those stories that will warm the cockles of your heart and make you fall in love with an octopus. One of my best vacation reads from last year.



Pachinko By Min Jin Lee

Recently made into an Apple show, **Pachinko** by Min Jin Lee follows a multigenerational Korean story from the 1900s through to the 2010s.

Perhaps the most fascinating part of this incredible novel is Min Jin Lee's ability to capture a period of history that rarely makes it to mainstream publishing, that of the Japanese invasion of Korea and the subsequent treatment of the Korean people in Japan.

Pachinko is a hard novel to forget and its sweeping story is an incredible page-turner.

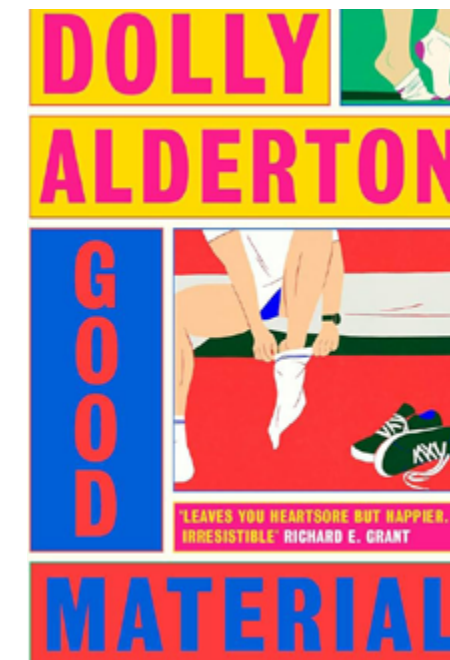
Good Material By Dolly Alderton

Dolly Alderton could rewrite the phone book and I would purchase it from my local bookstore.

Good Material follows Andy as he endures one of the worst break-ups of his adult life. Ruminating on the loss of his relationship, Andy can't help but wonder where did it all go wrong? Follow Andy and his very 'tragic' breakup as he tries to get over his ex-girlfriend and move on with his life.

Everything I Know About Love is Dolly's first book after being a serial columnist for The Sunday Times and is a **stunningly beautiful book on friendship and love**.

Her memoir on relationships failed and successful as well as navigating the transition from young adult to adult is the book that all Millennials need to read. **Dolly's life is achingly familiar and each piece of writing that she produces, either for her column or for her books is a small stroke of genius.**





BAGATELLE
MEXICO CITY

VEN Y DISFRUTA DE LA TERRAZA MÁS TRENDING DE LA CIUDAD,
ACOMPAÑADA DE NUESTRA GASTRONOMÍA MEDITERRÁNEA, DRINKS
Y NUESTRO AUTÉNTICO ESTILO

Joie de Vivre

ABRIMOS TODOS LOS DÍAS,
LOS DOMINGOS CONTAMOS CON NUESTRO BRUNCH SUNDAY BITE.

RESERVACIONES +52 15539808744
TENNYSON #117, ESQUINA CON MASARYK, POLANCO, CDMX

COMPARTE TU EXPERIENCIA @BAGATELLEMEXICOCITY





All About Montana Boyz TikToker Mark Estes

Kristin Cavallari debuted her relationship with Mark Estes in February 2024

Kristin Cavallari has a new man and she's not afraid to show him off.

The *Laguna Beach* alum revealed her relationship with boyfriend Mark Estes in February 2024 with an Instagram photo of the pair vacationing in Los Cabos, Mexico.

"It was a little early to hard launch someone. 100 percent," Cavallari later admitted on her podcast, *Let's Be Honest*. "However, I feel very different with this man."

Cavallari was previously married to Jay Cutler, with whom she shares three children. Camden, Jaxon and Saylor were introduced to Estes ahead of the couple's first date in Nashville.

"I think more than anything, my kids were really excited for me. My kids really wanna see me

happy," Cavallari shared.

So, who is Kristin Cavallari's boyfriend? Here's everything to know about Mark Estes and his relationship with the former reality TV star.

Per his Instagram bio, Estes is based in both Montana and Nashville, where Cavallari currently lives. Previously, the Uncommon James founder said she was "done" with the Nashville dating scene, she told *Entertainment Tonight* in September 2023.

"I've decided I'm done dating in Nashville," she said before adding that she could "guarantee" her next partner would not be a country music star.

"I would consider myself to be a monk at this point," she said. "You can throw anything at me at me, and I'm like, 'OK.'"

However, it seems Cavallari changed her tune after meeting Estes.

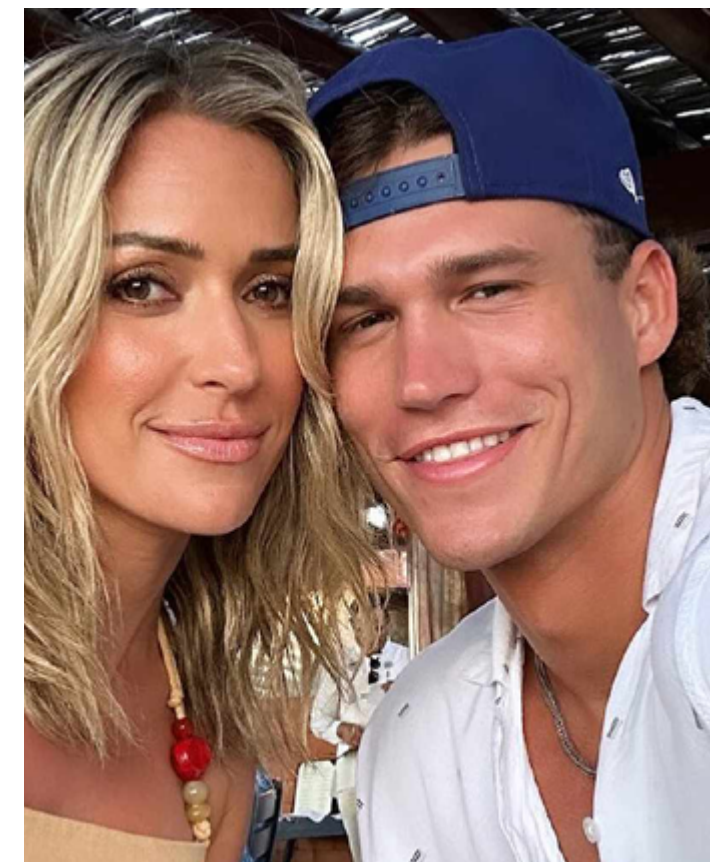
He played college football While he was a student at Montana State University and Montana Tech, Estes played for their football teams.

He concluded his college career with the Montana Tech Orediggers in November 2023 after six seasons, including one redshirt season.

"What a ride. Thankful for the last 6 years of what this sport has brought me," he captioned a photo of himself on the field after his final game. "Thanks to all the coaches and brothers I met along the way <3."

In addition to his own TikTok account with nearly 120,000 followers, Estes is also part of a TikTok group, Montana Boyz, which has over 700,000 followers. Estes, as well as three of his friends, use the account to post thirst traps and other videos of their cowboy life in Montana.

For Valentine's Day in 2024, they posted a video of themselves "warming up the grill," joking that they were "all single" on the holiday.



Now that Estes' relationship with Cavallari is public, his fellow Montana Boyz are on board, they told PEOPLE in March 2024.

"We love it. [We] support it. It's been fun," Kade Wilcox said, while Kaleb Winterburn added,

"It's been fun meeting her and getting to know her and just everything about that whole world, too. It's cool to see."

Since Estes went public with his relationship with Cavallari, the boys' account has blown up.

"It all kind of happened in the right time, but since that's happened, yeah, it's been a complete shift," Winterburn told PEOPLE. "I think more people are curious about what we're doing — different age ranges, different everybody. It's just from her.... what she's done before. I think it's sweet to see all those other people that are curious about what we're trying to do."

He and Cavallari met on social media He is part of a TikTok collective.

 **mr.sushi**

**SUSHI
TIME**



@mrsushimex



mrsushi.mx/

The 'Daddy' Will See You Now.....

The success of Alex Cooper's "Call Her Daddy" podcast has birthed a new media company. Can this millennial solve the riddle of what Gen Z wants?

Is it possible that the next great American media mogul is a woman who would rather sit in bed watching hours of "Grey's Anatomy" than sit courtside at a Los Angeles Lakers game?

Is it possible that she has made crowds of thousands of women scream over her sex tips?

Is it possible that, on her podcast, she has invited rappers to smoke weed and actors to share trauma, but dismissed overtures from the White House?



Alex Cooper is making an argument for all of it.

Ms. Cooper is best known as the host of "Call Her Daddy," a podcast that took off in 2018 as the young woman's answer to Howard Stern. The podcast encountered some well-documented turbulence when Ms. Cooper split with her co-host in 2020, only to land a reported \$60 million three-year deal with Spotify in 2021. As the show aged, it became less bawdy and outrageous, more confessional and sincere.

What is less known is how, over the last year, Ms. Cooper has been building a media company with Matt Kaplan, a film producer and her fiancé.

The company they founded and funded, announced in June as a "Gen Z media venture," is called Trending. It forms an umbrella over Mr. Kaplan's Ace Entertainment — he produced the Netflix teen romance franchise "To All the Boys I've Loved Before," among others — and Ms. Cooper's Unwell network, which currently oversees "Call Her Daddy" and two other podcasts.

Unwell's strategy draws partly on personalities like MrBeast (a stunt YouTuber turned food entrepreneur) and partly from the old Hollywood studio system. Unwell cultivates stars, producing their projects — for now, video podcasts — and helps build brands around them. These brands beget merch and, eventually, consumer products.

The network made its first big move in August, when it announced the signing of the TikTok powerhouse Alix Earle, whose ability to spread trends and sell products has been called the "Alix Earle effect." She has enthralled millions with videos of herself chatting while applying makeup; it isn't difficult to imagine her someday selling makeup, too.

During an interview in early January at Ms. Cooper's West Hollywood studio, where many other press interviews were framed on the walls, something curious was happening with her podcast's rankings. On the Spotify charts, "Call Her Daddy," once the second most popular podcast below "The Joe Rogan Experience," was now at No. 23; "Hot Mess With Alix Earle" had risen to No. 7.

Sitting down with Ms. Cooper, in her plain sweater and jeans and Uggs, this seemed to be the obvious story: At 29, she was becoming the old guard, a wizened millennial usurping herself by elevating these younger stars. (Ms. Earle is 23.)

But this was not the real story. Charts fluctuate, Ms. Cooper explained. There were practical reasons for her lower ranking, including a two-week hiatus from posting new episodes. "Call Her Daddy" not only returned to the Top 10 on the Spotify podcast charts, but in early February, when Spotify relinquished exclusivity of the podcast, it debuted at No. 1 on Apple's podcast charts. Above Mr. Rogan. Above the Kelce brothers. Above "The Daily" and "Dateline."

"I look at Oprah as an example, of her lifting Dr. Phil and other people," Mr. Kaplan, 39, said of Ms. Cooper's relationship to the new shows.

There is some truth in the idea that Ms. Cooper occupies less of the spotlight now. "The goal as I get older is I don't want to just be relying on 'Alex Cooper' and 'Call Her Daddy,'" she said. "The point of starting this was also so that I have all these different ancillary businesses that can be running."

But the bigger truth is this: She isn't someone to underestimate.

"I also know when I need to turn things up," she said.



Ever thought about car-camping
in Baja California Sur?



How Justin Bieber and Pregnant Wife Hailey Kept Their Baby News a Secret for Six Months...!

On Thursday, May 9, the couple announced that they are expecting their first baby together.

After Justin and Hailey Bieber announced their pregnancy news earlier this week, many began wondering how the famous couple were able to keep the exciting news a secret.

On Thursday, May 9, the Biebers announced they are welcoming a little one into their family, posting a video to their Instagrams from their vow renewal in Hawaii. While they were excited to share the news that they are expecting, a source tells PEOPLE that the couple wanted to keep the news private for as long as possible.

“When they found out that Hailey was pregnant, it was just the best day for them. They have both been very emotional about it,” the source says. “They feel so blessed. They’ve also felt very protective of the baby from the moment they found out.”

“They shared with family and close friends early on. It was important for them to keep it quiet and just enjoy for as long as possible before they publicly confirmed though,” the source continues. “They asked their friends to not share until they were ready to announce.”



While Hailey missed Monday's Met Gala, she attended Coachella 2024 with her husband, opting for comfy looks.

The Biebers made low-key appearances in the crowd on April 12 and April 13, dressed down to enjoy the Indio, California, festival.

As she enjoyed Ice Spice's set, Hailey chose a no-pants “comfort” look, wearing a baggy leather jacket that covered her stomach, a black undershirt, white socks with black boots and neon green glow-in-the-dark nails. When she was spotted at Lana Del Rey's headlining set, the model wore a black zip-up hoodie with a black hair wrap and tortoiseshell-patterned glasses.

Although the two had been subject to speculation of discord in their marriage, a source told PEOPLE that the rumors weren't true.

“There's no divorce and no truth to that whatsoever,” the insider said in early April. “They are very, very happy,” adding that the couple was “doing really well.”

Hailey herself commented on the gossip, sharing a blunt post to her Instagram Stories.

“Just FYI the stories and constant ‘blind items’ I see on TikTok are 100% of the time wrong Made out of thin air... Come from the land of delusion... So I know it may be fun feeding into these stories but just know they're always false xx sorry to spoil it.”





JOIN THE TRIBE

WOMADA

José María Morelos #614, Local 2, Col. Centro

grupovanko.com



In a scale of 1-10, how excited are you about life right now? Regardless of the rating for the present moment, I have always felt a lot of excitement about my life at every stage. I always find myself exactly where I need to be, but for now, on a scale of 1-10, I would rate my excitement about life as a 10 right now. I'm always feeling very enthusiastic about the direction my life is going in, and there are a lot of things I'm looking forward to.

Describe yourself in a hashtag?
#Wearewherewearemeanttobe

If your life was a musical, what would the marquee say? Dancing through life

What's one thing people don't know about you? Do not like to go to the cinema, love rides, do not like sugar or desserts

What's your wakeup ritual? I wake up early (5:45 am), meditate, and watch the sunrise several times. I also prepare for one of my hobbies every day because it's the most important part of my morning: mountain biking, surfing, yoga, and so on. After that, I start my day, but not before dedicating my entire morning to myself. As you mentioned, this isn't just a routine for me, it's a ritual in my life

What's your go to bed ritual?
Watch some TV documentary and sleep :)

What's your favorite time of day?

Honestly, my days are so different from one another and I'm always doing something new. However, I think my favorite time is the mornings when I get to do my activities alone.

Dream country to visit? One of my dreams was Buthan and I went last year, the other is India, although I've been there before, I want to spend three months living in a temple of a religion called Sikhism

What's the biggest surprise you've had?
Getting pregnant when I was 19, that was a fu... big surprise :)

Heels or flats/sneakers?
Converse!

Vintage or new? Vintage

Who do you want to write your obituary?
My son

Style icon? Mario Testino, JAQUEMUS

What are three things you can't live without? Meditation, Beach, Activities

What's one ingredient you put in everything? Lemon

What's your biggest fear in life?

That something happened to my son

Window or aisle seat?
Window, #lovewatchingsky

What's your current TV obsession?
Being honest, I do not like TV that much, but red bull channel!!!

Favorite app? Mind valley

Secret talent? Sing

Most adventurous thing you've done in your life? When I was 14 years old, I was sent to a silent retreat in Rome, but I found it really boring. So, I told the teachers that I had a relative who was about to die and bought a flight to Barcelona. By the way, my plane almost crashed.

How would you define yourself in three words? I'm a forever curious soul, a fighter for meaningful battles, and an unabashed lover of life.

Favorite piece of clothing you own?
My raver teddy coat

Must have clothing item everyone should have? Tennis converse

Superpower you would want?
Teletransporting for sure!!!!

What's inspiring you in life right now?

Regarding work: world destination weddings inspire me because they allow me to create, see different styles, learn, and most importantly, travel and I have some this upcoming year!

Best piece of advice you've received?
While traveling alone in Bhutan for lots of days, there was a moment when I felt lost, bored, and aimless. While hiking to a monastery at the top of a mountain and meditating, I heard a voice in my head telling me I was exactly where I was meant to be, and my life changed. That was one of the best pieces of advice I've ever heard.

Best advice you'd give your teenage self?
Today, it may seem like the dreams you created in your childhood might fade away. An unexpected event will come into your life you will become a mother very early because it will be your best plan. It's exactly what you dreamed and created. Let yourself go, live, breathe, be yourself, and remember that time doesn't exist. I'm here living with you, we are already living all your dreams!

A book that everyone should read?
Think like a monk

What would you like to be remembered for? Living life to the fullest

How do you define beauty?
By living every moment of the day and feeling the sense of the connection to the world around us.



Best gift you've ever given? Life

What's your favorite board game?
Backgammon

What's your favorite color?
Black and red lips (sexy)

Least favorite color? Yellow

Diamonds or pearls?
Esmeralds (but ok, diamonds)

Drugstore makeup or designer?
Organic brands! (its my face we are talking about :))

Blow-dry or air-dry? Air dry always

Pilates or yoga? Yoga

Coffee or tea?
Kombucha (but ok tea)

What's the weirdest word in the English language? I googled: "floccinaucinihilipilification." this word, means "the estimation of something as valueless" something new.

Dark chocolate or milk chocolate? Dark

Stairs or elevator? Elevator

Summer or winter? Winter

You are stuck on an island, you can pick one food to eat forever without getting tired of it, what would you eat Sushi

A desert you don't like?
I do not like many desserts :-

A skill you're working on mastering?
Kitesurfing

Best thing to happen to you today?
Meditate and had sex, and its just 9:00 am :)

Worst thing to happen to you today?

Picked up a cockroach from the floor and thought it was dead, then I thout she was fooling me, changed my mind because it had been a long time, and when I took it outside to the garden, it was alive (BTW, I do not kill any living being, even a cockroach)

Best compliment you've ever received?
You are pure sensuality, loved it!

Favorite smell? Lavanda

Hugs or kisses? Kissesssssss

If you made a documentary, what would it be about? Stop hurting animals

Lipstick or lip gloss?
RED lipstick

Sweet or savory?
Savory

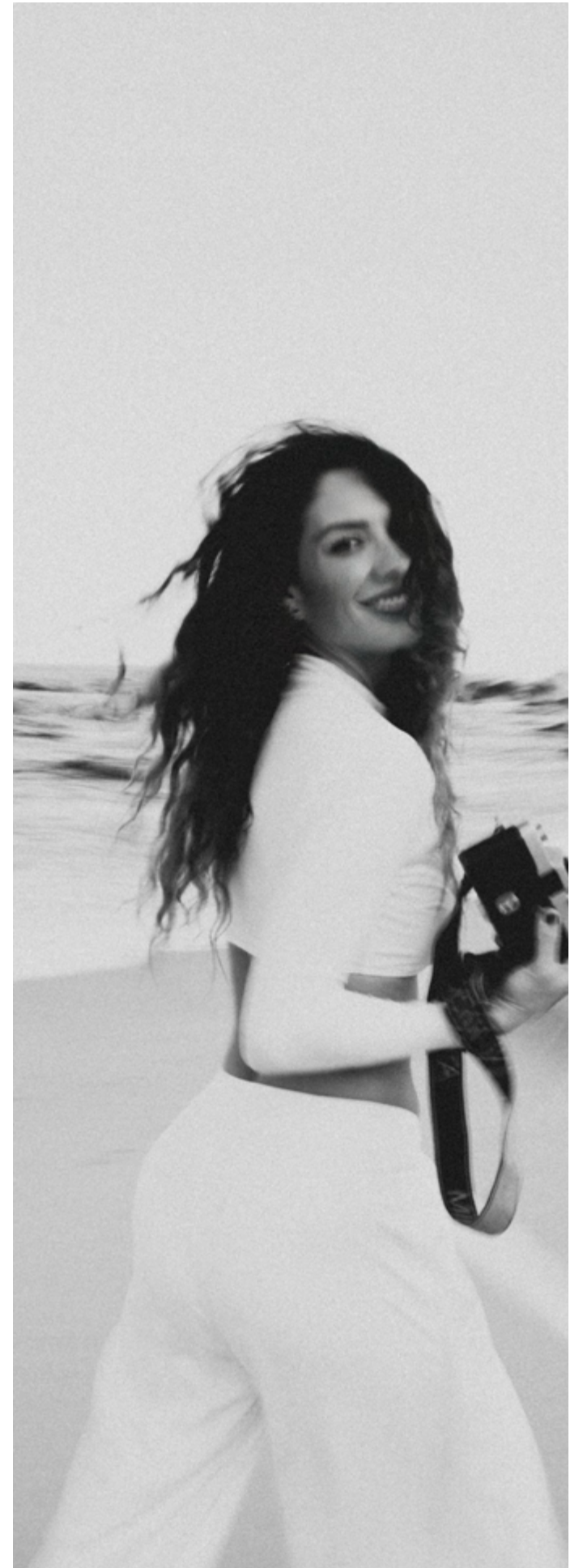
Girl crush?
Ruby Rose

Song you can listen to on repeat?
Innerbloom RUFUS du sol

If you could switch lives with someone for a day, who would it be? My son, so I could experience his perspective on life and understand how to best support him in any way he may need

What are you most excited about at this time in your life? Actually, about everything! family, work, trips, friends, home, also Turning 40 is thrilling, I believe it's the prime age for a woman, and I'm on an amazing journey.

Your affirmation for today?
We are where we are meant to be... :)



What do you love most about your body?
My hair

Best way to take a rest/decompress?
Traveling alone for long time

Favorite place to view art? City museums with a mushroom :)

If you could master one instrument, what would it be? Guitar

If you had a tattoo, where would it be?
I have 15

Dolphins or koalas? Dolphins

What's your spirit animal? Elephant

Best gift you've ever received?
Ayahuasca ceremony

THE ART OF NOT TAKING ANYTHING PERSONALLY

A few minutes ago, while I was waiting to board my flight, I was talking on the phone with a friend. During our conversation, she asked me where I was. I replied by telling her that the place wasn't very attractive.

When I hung up, the woman who was next to me in line turned to me and commented very rudely: "If you don't like this place, why do you come here?"

Astonished by this morning aggression, I replied: "I don't usually spend time explaining this type of situation, but this time, I want to do you a favor. I'm going to give you a different perspective that might help you see things from another angle and apply it to your life as soon as possible. I can't guarantee results, but it's worth a try." So I told her...

First, I want to make it clear that my preferences about a particular place do not affect your life in any way. I simply, on a personal level, find this place unattractive.

Likewise, I have the inalienable and free right to express my opinion about anything in my life and share it with whomever I choose. What concerns me is that you take my opinion personally to the point of suggesting that I don't come back.

Lady, this is NOT PERSONAL. My perception of beauty or lack thereof does not constitute an attack on anyone, it is not intended to offend, and much less to incite violence. If you were wearing headphones, you probably wouldn't have even heard me and would have gone on with your life as usual. However, your reaction of taking my opinion personally is what changes the course of this situation. And it not only affects your life, but it has implications for all of humanity.

With this, I conclude my speech.

And so, the whole world...

We constantly assume, feel and imagine that everything revolves around us in a personal way.



Imagine how different our existence would be if humans took responsibility for our own internal battles, shortcomings, and shadows. It would be much easier to find our light, our fullness and, above all, our inner peace.

Imagine a world where coexistence is free from violence and judgment, where the beliefs, ideologies, tastes, traditions, actions and choices of each individual are respected.

And how do we come to understand that nothing is personal?

I would like to share my interpretation of various situations that I have experienced in my life. When I managed to understand that these situations were not personal, I was able to free myself and forgive. However, forgiveness was not directed towards others, but towards myself. This understanding goes beyond religion; forgiveness is the noblest act we can perform for our own inner peace.

A long time ago, I came to understand the difference between this ingrained belief and the reality that not everything revolves around us, nor do all our actions have direct repercussions on others.

Let's start with the basics: each individual experiences their own reality, immersed in an abyssal world of their own mind. No one pays as much attention to others as we imagine they do. Nobody!!!! hahaha

We live with such high standards that it is often difficult to be authentic with ourselves.

Wrongly, we believe that we are not what we believe, or what others believe we are. We define ourselves by our perceptions of what others think of us, understand? That is, we believe that we are what we believe that others believe of us... how hard is that? (Read again)

Living under the scrutiny of others and with such high standards leads us to take everything that happens to us personally and this leads us to useless assumptions.

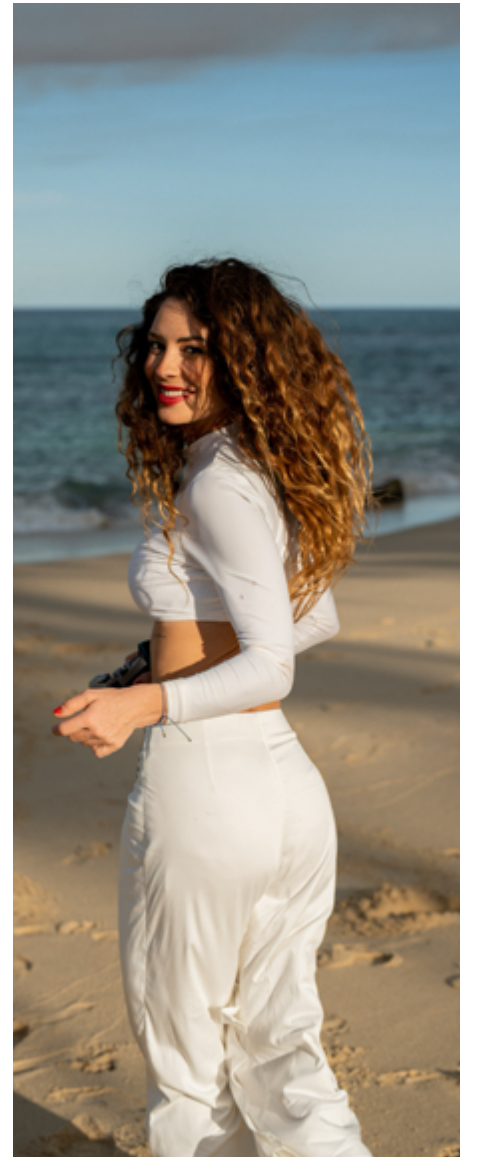
But why do we take things personally?

This question is crucial, and the basic answer lies in the comfort it offers.

Although it may seem the opposite, it is easier this way.

In a world where we live in society, it is tempting to attribute responsibility to others. However, we come to experience life itself and along the way, making decisions and taking actions involves a great responsibility.

That is why it is easier to blame others when things go wrong; because it exempts us from responsibility.



On the other hand, making the decision to take responsibility requires courage, self-love and, above all, compassion. If we lack any of these elements, it is the first thing we must work on.

People who avoid taking responsibility for their own lives are usually those who have not yet found themselves. Working on self-love and recognizing that we are always where we need to be is essential. Starting by understanding that nothing is inherently good or bad, we are simply experiencing a process in this life to discover our own BEING, or in other words (purpose) which in the end turns out to be simply BEING ALIVE.

These are some variants of taking things personally:

- The internal violence that we generate from a comment or an idea. This is exactly what happened with the lady today; it can be triggered by a comment, an idea, an expectation or a gesture.

The lady today made a comment because she took mine personally. However, there are two assumptions that I considered in order not to take hers personally, not to enter into conflict and not to get caught up in the vicious circle that could have been created.

The first is empathy, which is essential in life. The lady may have had a terrible morning, countless situations that could have happened to her, and perhaps hearing me talk about her city in a way that she did not like was the last straw.

The other possibility is that she might have had a great morning and simply didn't like my comment, which led her to get angry. In either case, the woman took my comment personally and decided to attack me. She could have chosen not to, but she also could have gotten upset and stayed angry. As for me, I appreciated that her comment gave me material to write about because everything in life has two sides; you can choose which one you prefer. Normally, I choose to see things positively, even when they don't seem to be.

Traumas that prevent us from growing (the past)

I consider it of utmost importance to address the following variant. It refers to our past and how we have experienced life, generating "traumas" from the perception of situations we lived through and believed to be personal.

In other words, traumas are ideas that we create by taking things personally.

Everyone, without exception, has lived experiences that have caused us discomfort, some more impactful than others. However, we are not here to judge or measure the level of suffering of each individual.

I can mention several examples, but what has marked my life the most is the abandonment of my son's father, sexual abuse in my childhood, a failed marriage, and other difficult situations that, upon understanding that they were not personal, radically changed my perspective on life in three ways.

Firstly, I began to see my fellow human beings as beings with the same capabilities as me, but without the privilege of initiating a greater process of human consciousness.

Secondly, I understood that nothing that happened to me was personal. Absolutely nothing. We all live our own reality, and how we interpret it depends on our perspective on life. There is no absolute truth or single reality for everyone. We are all going through intense mental and evolutionary processes, each at our own pace and level of consciousness.

Thirdly, I learned to forgive. I do not mean the forgiveness prescribed by religion, as I do not believe in it or its inflexible rules. True forgiveness, outside of any religious norm, context, or consciousness, is an act of compassion towards oneself and humanity. I learned to live my life without stigmas or mental marks.

I decided not to be defined by past events, such as the violated girl, the abandoned mother, or the ex-wife left behind. I chose to be myself, to find my own process, and to forgive to reach my inner peace.

The traumas and wounds we carry are simply labels of what once happened.

They are labels that we decided to take personally and stick them in our minds and lives indefinitely. The label of "abandoned woman" persisted until I decided to tear it off the shirt I was wearing. Was it difficult? Yes, but it hurt more to keep wearing it.

Over time, some labels lost their adhesion and peeled off on their own, while others required therapies and ceremonies until they disappeared completely. I understood that my labels were ideas created from situations that I decided to take personally. I do not deny that they happened, but they are in the past. Today, all that remains of them is an idea that, even if it returns to my mind, I do not latch onto. I no longer see myself as a victim.

What we fail to heal because it keeps happening (present)

The difficulty in healing what continues to happen in the present poses a considerable obstacle to the growth and evolution of the human being and why? One of the most important causes of taking things personally is that, in addition to taking things personally, we live through the beliefs of others.

We love to be accepted and hate to be rejected. For this reason, we begin to seek social acceptance and run the risk of living according to external standards rather than internal ones.

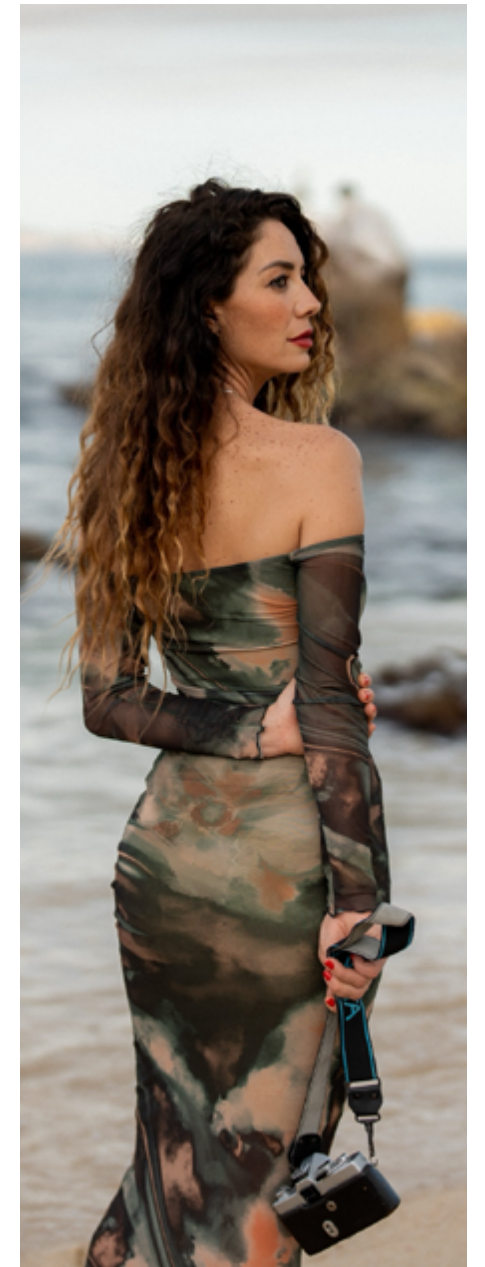
External acceptance is conditioned to something or someone else, but our internal acceptance is quite the opposite; it is free and invaluable, no one can take it away, steal it, or modify it; it only depends on you!

How do you find it? Acceptance does not live off society; it lives off self-love, the care we have for ourselves, and it is cultivated through the practice of self-care and self-esteem. By investing time and energy in getting to know ourselves and valuing our own qualities, we can begin to build a foundation of personal acceptance.

This implies learning to recognize our strengths and limitations without harsh judgment.

Ultimately,

To stop taking things personally implies a change in mentality and emotional habits; finding and nurturing internal acceptance allows us to live more autonomously and consciously, freeing ourselves from the dependence on external validation and allowing us to experience life with a greater sense of freedom and satisfaction.





FEATURED ON

50 *Discovery*
BEST

The best culinary experience awaits!

Animalón

Under the oak tree
Valle de Guadalupe, Baja California, México
animalonbaja.com

*Javier
Plascencia*

GIFT GUIDE WENDELL'S FINDINGS



Verragio. Butterfly Pendant with Marquise diamonds in 18 Kt. white gold and 0.78 ct. of diamonds. **Price: US \$ 3,450**

Verragio

Verragio Fine Jewelry combines all the beloved elements from the premium bridal collections into a collection made for special occasions and everyday luxury. With pretty pendants taking inspiration from engagement ring halos and delicate diamond shapes outlined in Verragio's signature beading, the collection of necklaces, earrings, bracelets and rings come to life as a seamless extension of Verragio's exquisite existing offerings.

www.verragio.com



Verragio. Diamond and Rhodolite bead dangle Earring in 18 Kt. yellow gold and 0.5 ct. of diamonds. **Price: US \$ 3,650**

Lisa Nik

Los Angeles-based Lisa Nik, led by visionary jewelry designer Lisa Nikfarjam, has cultivated a devoted following of discerning collectors worldwide. Renowned for her masterful use of colored gemstones and diamonds, Lisa Nik is committed to pushing boundaries with her one-of-a-kind treasures. Each item is meticulously crafted, expresses a blend of functionality and elegance, and is destined to be cherished for generations.

www.neimanmarcus.com



Lisa Nik. Rocks ring and earrings. 18 Kt. rose gold, rubellite and diamonds
Price: Earrings US \$ 21,000, Ring US \$ 23,100



Lisa Nik. Butterfly Flower Bypass rings from Lisa Nik's Rainbow Collection. 18 Kt. yellow gold, diamonds, tsavorites, pink, yellow and blue sapphires.
Price: US \$ 6,300 for each version



Lisa Nik. Asymmetric earrings. 18 Kt. rose gold, pink tourmaline and diamonds; Colors ring. 18 Kt. rose gold, Trillion rubellite and diamonds.
Price: Earrings US \$ 4,620 Rings US \$ 3,780

Guzema

A fine jewelry brand, founded in 2016 by Valeriya Guzema, is renowned for its distinctive designs and charitable initiatives. Boasting boutiques in Kyiv and Lviv, the brand handcrafts each piece using high-quality materials and encompasses a spectrum of styles.

www.guzema.com



Guzema. Big orb transformer earrings in 14 Kt. yellow gold. Also available in white gold.
Price: US \$1,060



Guzema. Capsule ring in 14 Kt. white gold. Also available in white gold.
Price: US \$1,230

Picchiotti

One of the most famous Italian jewelry design houses, it is known for its delicate designs and the most spectacular stones.

www.picchiotti.it



Picchiotti. Xpandable Gem Ceramic bracelet in 18 Kt. rose gold with 8,75 cts. of diamonds, 14.95 cts. of turquoise and white ceramic.
Price: US \$ 75,200.00



Picchiotti. Diamond earrings featuring 2.13 cts. of square emerald-cut diamonds and 3.50 cts. of round diamonds in 18 Kt. white gold.
Price: US \$ 56,800.00



Sean Gilson for Assael. Small Bubble Tahitian pearl earrings. Cultured pearls, varying from 4 to 12.5 mm., pistachio, peacock and mauve tones; 18 Kt. yellow gold. Clip backs.
Price. US \$ 8,700.

Assael.

Since the early '50's, the house of Assael has been synonymous with magnificence. Today it is North America's premier purveyor of luxury cultured pearls and responsibly sourced coral.

www.assael.com



Sean Gilson for Assael. Two Bubble extra large ring. Tahitian cultured pearls, 15 and 16.6 mm., 18 Kt. rose gold.
Price: US \$ 29,000

Chris Ploof

Chris Ploof forges metal into bold, recognizable pieces that appeal to both women and men, who appreciate the craftsmanship and timeless appeal of each piece

www.chrisploof.com



Chris Ploof in collaboration with **Anthony Lent.** Rectangle Damascus earrings with 18 Kt. gold hearts by Anthony Lent.
Price: US \$ 1,100.



Chris Ploof. Yanone (Japanese arrowhead) pendant in hand-forged Damascus steel and 18 Kt. gold, with lotus leaves and center diamond, on an 18 Kt. gold 24" chain. Pendant is 30 mm. in height (roughly 1.25"). **Price: US \$ 2,550.**



Cheese Grotto's Gift Box

A delectable selection of inventive cheeses made all the more special by infusing whiskey, Scotch ale, and tequila into the cheese curds before aging. The result is a depth of flavor and an essence of each spirit that pairs wonderfully with spicy chorizo, Spanish romesco, and freshly dried crispy orange slices.

www.cheesegrotto.com

Price: US \$ 104



Bergy Bag

Avoid your phone overheating and lip balm melting, and chill your snacks with our chic insulated bags. Made from Saffiano leather, insulated, and includes an ice pack Bergy Bag's patent pending bags are the stylish way to keep temperature-sensitive items safe and cool. Take from course to cocktails or beach to bar. Bergy Bag is just as versatile as it is gorgeous. Insulated bags have never been more fashionable. Don't have a meltdown!

www.bergysbag.com

Price: US \$ 130



Revive Jewelry

Founded by Nikki Zazzali, the brand aims at increasing awareness about various causes: Heart disease, multiple sclerosis, colon cancer, multiple myeloma, infertility, lupus, Alzheimer's, sarcoma, diabetes, AIDS and various types of cancer, as well as to help in funding their research goals by donating a portion of proceeds from each collection to its respective cause.

www.revivejewelry.com

Price: US \$ 79



The Circle Of Hope Necklace helps you remember all the people who care about you. Wear this necklace to memorialize your loved one and feel hopeful for the future. It's not always easy to stay positive, but this necklace will serve as your reminder to keep the faith. The circular pendant features a hand cut image of the cause it represents. We can take back the power from this disease by using its beauty to maintain our hope and strength in even the darkest of times.

Available in sterling silver & 14 Kt. gold-filled.

Acqua di Positano

For the first time, Eau d'Italie, the fragrance house of the iconic Amalfi Coast hotel, Le Sirenuse Positano, is launching a new luxury capsule collection centered around the Acqua di Positano fragrance. Blending Salt Grains and Orange Flower Absolute, with sparkling top notes of Citron, the fragrance evokes the lemon trees on the cliffs of Positano overlooking the Mediterranean where the Siren Islands, inspiration for the hotel's name, appear in the distance. Petitgrain distilled from the leaves and twigs of the Seville bitter orange tree accentuates the citrus nature of the fragrance with its refreshing green woody scent with floral undertones

www.beautyhabit.com

Price: US \$ \$ 190



Any Day Now

Luscious rare woods(oud, cedar) blend with exotic spices and deep. rich red roses for a seductive mysterious fragrance that's sensual and empowering. With delightful notes of black pepper, Damascus Rose, Oud, Patchouli, Sandalwood, Cedar wood, Amber

A powerful encounter of rose and oud, seductive and mysterious.

Nothing but a miracle could have produced a love story a hundred and fifty years in the making, and this proves that no matter what we think as we make our way through life, love is always just around the corner, ready to woo us away. All we have to do is keep our hearts open, and love will be caressing like the petals of a rose, deep as the roots of an oak.

www.beautyhabit.com

Price: US \$ \$ 230



Fluency Beauty Multisticks

The Multisticks are plant-based, multipurpose beauty stick that provides buildable color on your eyes, lips and cheeks. Fluency Beauty's pigment is 100% derived from plants including beets, radishes, potatoes, turmeric, and spirulina, which provide beautiful, lightweight shades of color. As a space-saving 3-in-1 product, Fluency Beauty Multisticks are an ideal summer travel beauty staple. At just over 3 inches long and just under 2 grams, its the perfect all-in-one beauty product to throw in your makeup bag this summer.

Fluency Beauty products are vegan, cruelty-free and Leaping Bunny Certified.

www.fluencybeauty.com

Price: US \$26 each or a bundle of three for \$67.85



Happy Explorer Outdoor First Aid Kit by Be Smart Get Prepared, 265 Pieces; Perfect for Camping, Hiking, Fishing, Boating, Family

The Happy Explorer 265 pieces Outdoor First Aid Kit by Be Smart Get Prepared offers a comprehensive assortment of first aid supplies for any of your outdoor activities. This first aid kit includes treatments for poison ivy, insect bites and stings, 1st and 2nd degree burns, blisters, minor aches and pains, and more. Packaged in a durable plastic case with an organized interior and EZ-Slide latches. For your next outdoor adventure or family camping trip, make sure you're prepared. Features the essential, Silvex Wound Gel, designed with 24 PPM of Patented Nano Silver Technology, FDA approved, Inhibits growth of MRSA, VRE, and Staph. Silvex Wound Gel not only provides a protective barrier to your skin and wounds

but also helps promote healing and reduces scarring. From the leading and most trusted manufacturer of first aid kits in the USA, Total Resources International. www.walmart.com



Happy Wanderer Outdoor First Aid Kit by Be Smart Get Prepared, 134 Pieces - Ideal for Camping, Hiking, Running, Fishing, Boating, Travel and the Outdoors.

The Happy Wanderer Outdoor First Aid Kit, 134 pieces by Be Smart Get Prepared, is designed to help you treat cuts, scrapes, insect bites and stings, 1st and 2nd degree burns, blisters, bleeds, and more.

This outdoor first aid kit provides a carrying case with multiple pockets to organize your supplies and extra personal items. It is ideal for a family or a group to satisfy your outdoor needs. Organized compartments keep contents neat and easily accessible. The soft, nylon material of the bag allows for storage and flexibility inside a travel pack. Compact size makes it perfect for camping, hiking, sports, travel, and any other physical outdoor activity. Also featuring the essential, Silvex Wound Gel, designed with 24 PPM of Patented Nano Silver Technology, FDA approved, Inhibits growth of MRSA, VRE, and Staph. Silvex Wound Gel not only provides a protective barrier to your skin and wounds but also helps promote healing and reduces scarring. The Be Smart Get Prepared The Happy Wanderer Outdoor First Aid Kit, 134 pieces, meets the United States FDA regulatory standards as a medical device. From the leading and most trusted manufacturer of first aid kits in the USA, Total Resources International.. www.walmart.com



DESCUBRE LA MAGIA DE CABO SAN LUCAS

Si buscas un lugar excepcional para viajes de negocios o placer, City Express Plus by Marriott Cabo San Lucas es el sitio ideal para disfrutar de un paraíso situado entre el desierto y el mar.

En tu tiempo libre conoce el Centro de Cabo San Lucas y sitios turísticos como La Marina, el Arco del Cabo San Lucas y la playa Médano.

**CITY
EXPRESS
PLUS**
BY MARRIOTT
Cabo San Lucas



Transportación*



Espacios
únicos



Gimnasio



Restaurante

CONOCE MÁS

»DESCUBRE MÁS con
MARRIOTT BONVOY



www.simaruba.com.mx [@simaruba.bar](https://www.instagram.com/simaruba.bar)



BRANDY
PRESIDENTE.
DE MÉXICO PARA TODOS

**NO SABÍA
QUE ERAN
TAN CHIDOS**



EVITE EL EXCESO
PERMISO DE PUBLICIDAD No. 233300201A2067
alcoholinformate.org.mx



IDEAL GLASS STUDIOS

*World Class Production & Art Space in the heart of Manhattan's West Village.
An iconic historical landmark for creative popups, shows & experiences.*



Contact us at BOOKINGS@IDEALGLASS.COM for your next iconic production.
FOLLOW YOUR DREAMS TO THE SHORES OF YOUR IMAGINATION

IDEAL GLASS STUDIOS, 9 W 8TH STREET, NEW YORK, NY, 10011
www.idealglasstudios.com





Tired of the hassle of taking your furry friend to the vet and waiting for hours?



At DoggieVan Pet Spa, we bring the spa directly to your door. Whether at home, at work, or even while grocery shopping, we're ready to leave your furry friend feeling fresh and fabulous.



Just give DoggieVan a call, and we guarantee top-notch service!



Make your pet feel like a superstar and forget about those long vet waits!



@DOGGIEVAN.MX

@DOGGIEVAN.MX



Your Mobile Premium Spa



DESCUBRE LA MAGIA DE CABO SAN LUCAS

Si buscas un lugar excepcional para viajes de negocios o placer, City Express Plus by Marriott Cabo San Lucas es el sitio ideal para disfrutar de un paraíso situado entre el desierto y el mar.

En tu tiempo libre conoce el Centro de Cabo San Lucas y sitios turísticos como La Marina, el Arco del Cabo San Lucas y la playa Médano.

**CITY
EXPRESS
PLUS**
BY MARRIOTT
Cabo San Lucas



Transportación*



Espacios
únicos



Gimnasio

Café
PLUS

Restaurante

»DESCUBRE MÁS *con*
MARRIOTT BONVOY

CONOCE MÁS





TROUT MÜLLERIN STYLE

SPREAKEASY RESTAURANT | NYC

CHEF SIMON



WWW.ELBEERSHOP.COM

[@CHEFSIMONNYC](https://www.instagram.com/chefsimonnyc)

[#CHEFSIMONCORDES](https://www.instagram.com/chefsimoncordes)

OUR DISHES ARE EVOCATIVE AND CAPITALIZES ON THE SEASONAL HARVESTING AND PREPARATIONS THAT KEEP FOODS AS CLOSE TO THEIR ORIGINAL WHOLE AS POSSIBLE. SEASONING BECOMES SECONDARY, THE QUALITY OF THE PRODUCT SPEAKS FOR ITSELF.

FOOD IS MORE THAN JUST FUEL. IT BRINGS JOY WHEN I PREPARE A DISH AND SEEING PEOPLE BEING HAPPY, SATISFIED, ENJOYING IT AND I WAS PARTLY THE REASON FOR IT, MAKES ME JOYFUL AS WELL. IT CONNECTS US ACROSS CULTURES AND CONTINENTS, INSPIRES CONVERSATIONS, AND BRINGS PEOPLE TOGETHER.

WHETHER YOU ARE IN A RESTAURANT OR IN THE WILD, FOOD SPEAKS TO PEOPLE AND THAT TASTE CAN BE A POWERFUL TOOL FOR SPREADING IDEAS AND MESSAGES.



MATAMOROS 1217, COL. MARÍA LUISA,
CENTRO, MONTERREY, N.L.



@HAHHA.MX

RSVP: 5591315504

HÁHHA
TABERNA JAPONESA



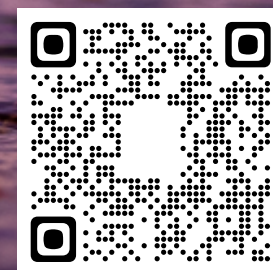
BARRA
LIBRE DE
SUSHI **\$380**
COCTELERÍA 2X1

Av. Circuito Plaza Esmeralda #6

*Aplican restricciones

* Promoción válida de jueves a sábado de 19:00hrs a cierre de sucursal

*Promoción válida en coctelería seleccionada



www.elbeershop.com
@elbeershop

NUT

AERO SERVICES



NUT Aero Services



@nut_aero_

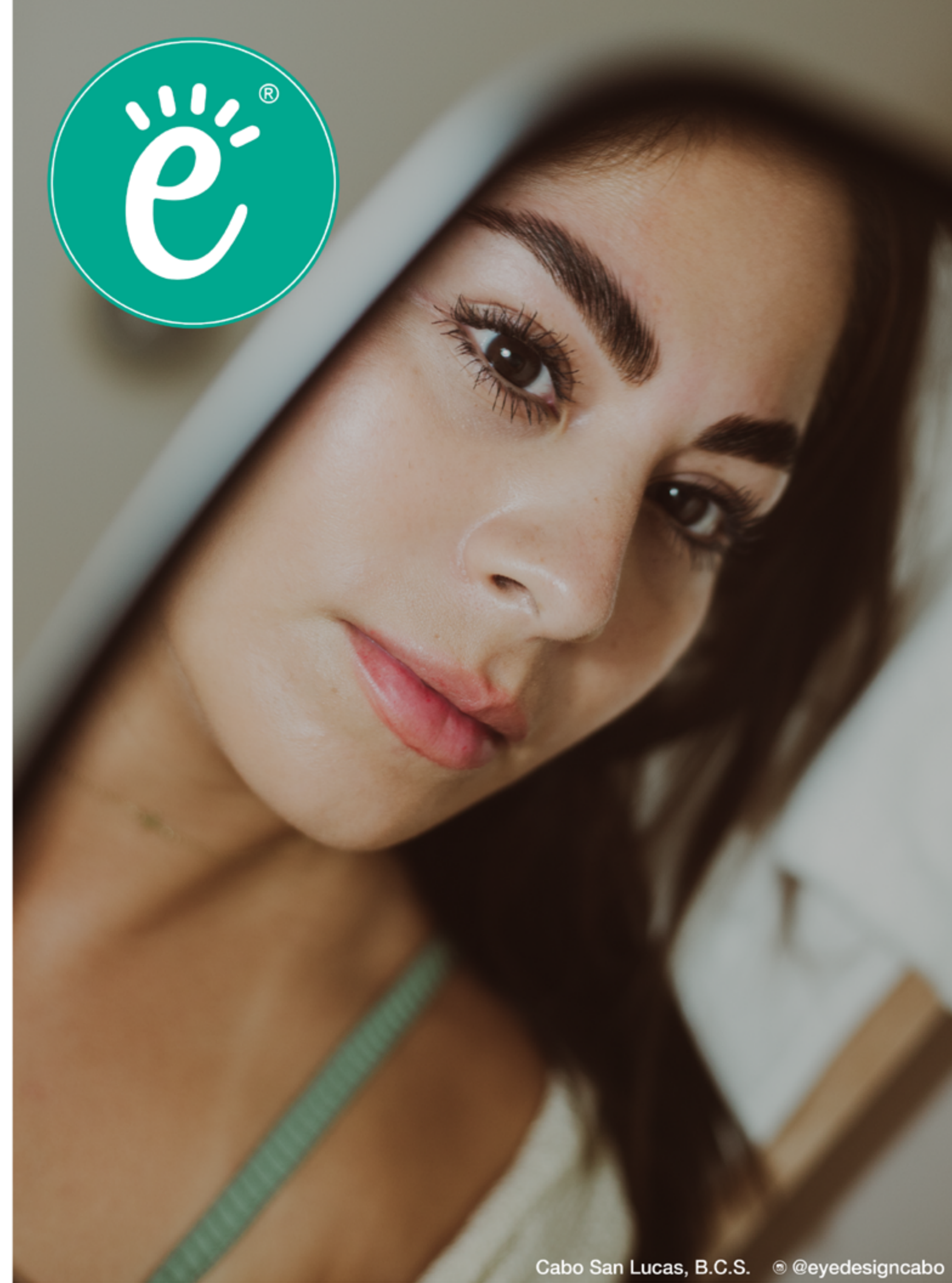




EST. ✦ 2013

STELLIUM

JEWELLERY ®



Cabo San Lucas, B.C.S. © @eyedesigncabo

FUJIFILM



No solo tomes, da.